



Survivor Centred Visual Narratives

Optional: Open Ended Question Guide

Getting Started (Low Pressure)

- Can you tell me about a moment that felt important to you?
- What's a small experience that changed how you thought about something?
- Is there a moment you remember clearly, even if it seems ordinary?

Exploring Meaning

- What part of that moment stands out to you the most?
- How did you feel during that experience?
- Why do you think this moment stayed with you?

Focusing on Perspective

- What were you thinking at the time?
- Did your understanding of the moment change over time?
- How did this experience affect how you see yourself or the situation now?

Details That Matter (Without Pushing)

- Are there any details that feel especially important to include?
- Is there anything about this moment that's hard to explain but meaningful?
- What would you want someone else to understand about this experience?

Clarifying and Reflecting Back (Active Listening)

- If I understand you correctly, the most important part was... Is that right?
- Would it be okay if I asked you more about that part?
- Is there anything you'd want left out if this were turned into a story?

Closing the Interview (Consent and Care)

- Is there anything you don't want shared or shown?
- How would you want this moment to feel if someone else saw it as a story?
- Is there anything else you think matters about this experience?