



But I Live Educational Resources

Handout: End of Class Journal Prompts

For each lesson, students will engage in reflective journaling. This practice aligns with taking a trauma-informed approach to teaching the Holocaust. The self-reflection journal prompts students will do at the end of each lesson will allow them to unpack and reflect on how they felt during that lesson, what they learned, what they may be curious about and more. When given the opportunity to self-reflect, students are encouraged to dive into their feelings, enacting brave spaces by writing out their thoughts and reflections.

The following are some journal prompts you can use to develop your reflections if you are having trouble writing. These journal prompts are meant to be detailed so you can write detailed reflections.

- 1) Write about something that grasped your interest in this lesson. Was it something new you learned? Was it something you wondered about after the lesson?

- 2) What questions do you have after this lesson? Is there anything you are still curious about?

- 3) How did what you learned today make you feel? Describe your emotions in detail.

- 4) Did anything from today's lesson connect deeply with you on a personal level? Why or why not?

- 5) (Specifically for Lesson 6.1.3) Do you have specific questions for the artists or the survivors? What are these questions?