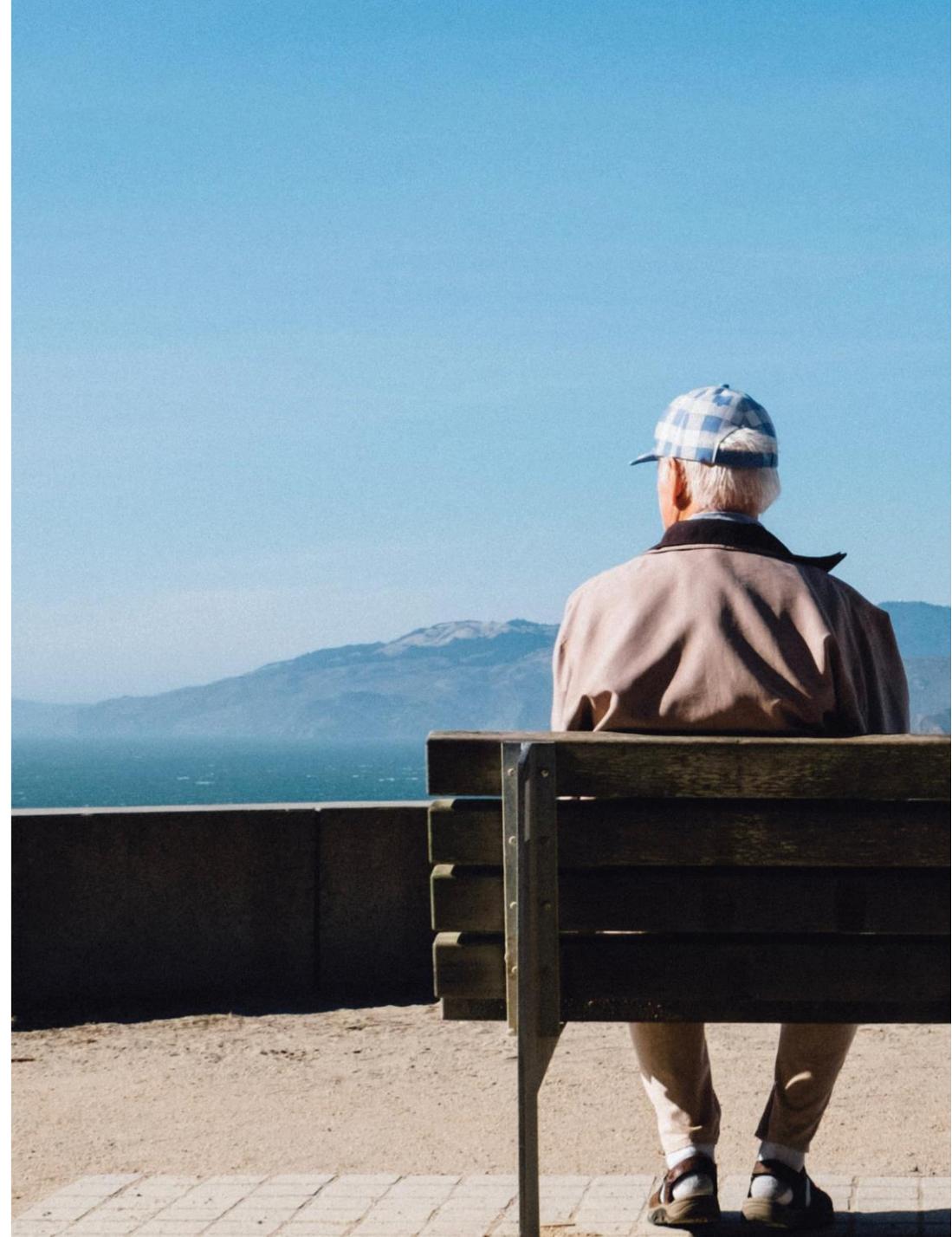


Living with Dementia



Alzheimer's Disease: Diagnosis

- Assess for underlying, potentially treatable, condition that may relate to cognitive difficulties.
- Symptoms are usually present several years before a diagnosis is made.
- The only confirmatory method of diagnosing AD is to perform a brain biopsy or autopsy (Boscart et al., 2023)

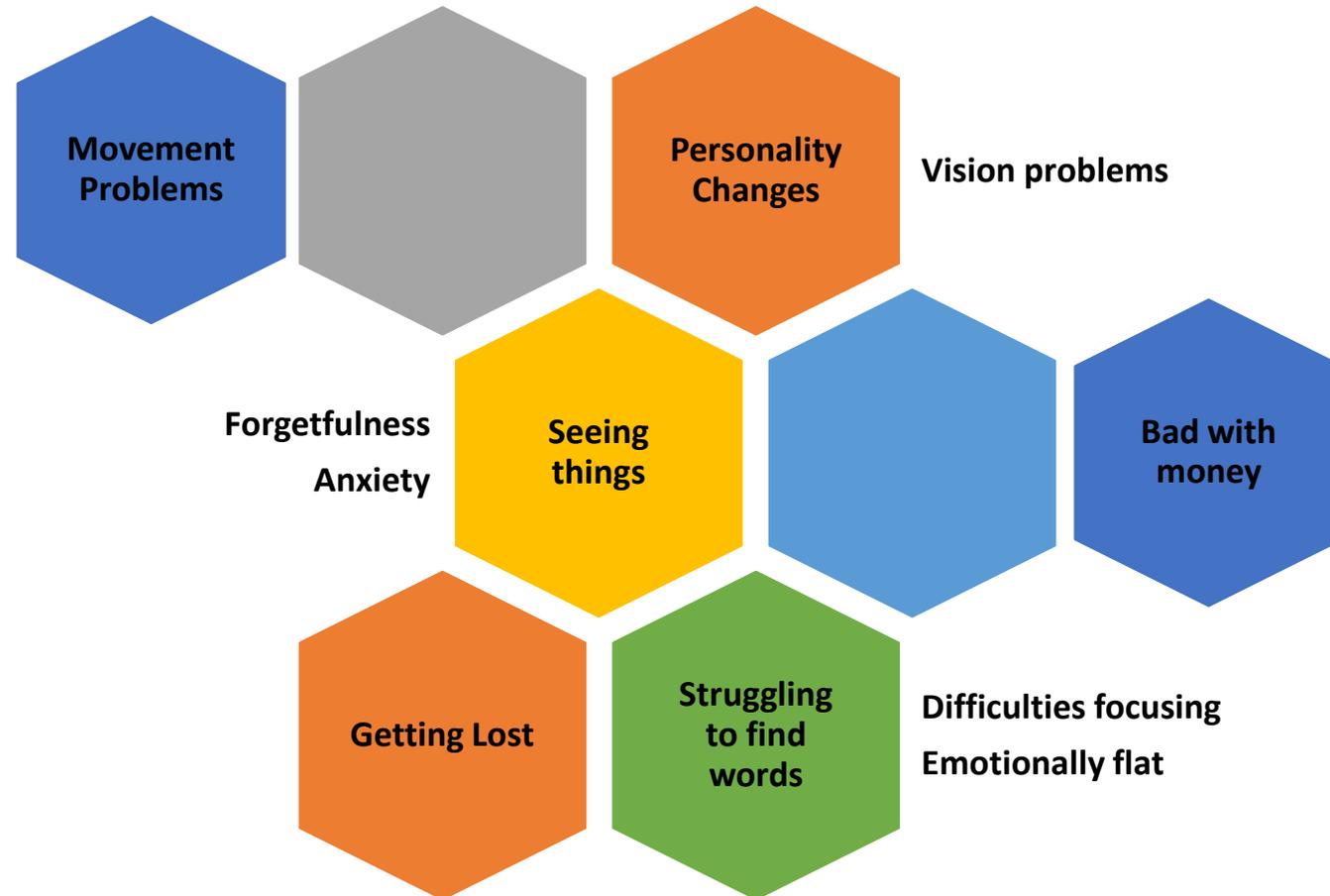


Alzheimer's Disease: Diagnosis

- Probable AD can be clinically diagnosed:
 - If the onset is typically insidious with progression
 - If no other systemic or brain diseases could account for the progressive cognitive deficits



Checking for Warning Signs



Care for person with dementia

- Promote independence for individuals with dementia.
- Build strong relationships with family members.
- Deliver quality care to all people with dementia, regardless of their cultural background, age, or cognitive ability.
- Address the needs and behaviors of the person proactively by adapting the environment and social factors.
- Empower and assist individuals in making choices aligned with their lifelong values and interests.

(Alzheimer Society of Canada, 2024)



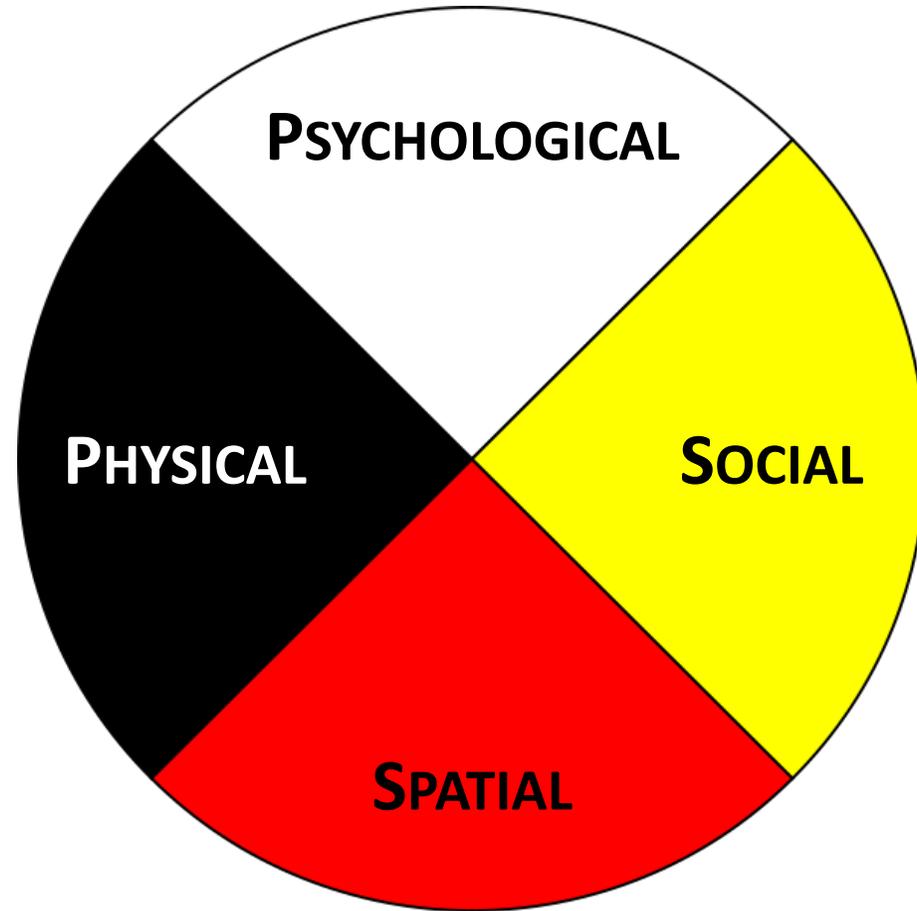
Communication Tips

- Use what you know about the person
- Reduce distraction
- Chat face to face
- Use simple language
- Be flexible
 - Assess mood and behaviors
- Stay positive
 - Be aware of your own tone
 - Connect instead of correct

(Alzheimer Society of Canada, 2024)



A Holistic Approach to Dementia Prevention



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Thank You

