## a place of mind

THE UNIVERSITY OF BRITISH COLUMBIA

## Introduction

The introduction section should include the following:
Clear statement of the research topic/question.
Culture affects how much individuals choose to express
or suppress their emotions.
Summary of background on the topic, such as related literature (e.g., your PsycINFO search). Be sure to cite (author, year) in APA style.

People sharing an East Asian cultural background have been found to engage in greater expressive suppression than North Americans (Iris \& Maus, 2015).

## Description of your study.

In this study, we compared whether individuals residing in East Asia (Chinese and Singaporeans) differed from North Americans (Americans and Canadians) in the degree to which they would hide positive and negative affective states from others.

Your introduction should be approximately 150-200 words.

## Method

Study Design: Describe the design of your research study
This study had one independent variable (nationality of participant) with two levels (USA and Singapore). A between-subjects design was used. Participants responded to two dependent measures.

Participants: Describe who the participants were in this research study. Participants included 161 students from the University of British Columbia who were enrolled in a second-year required course in research methods and design.

Materials: Describe your questionnaire.
Participants rated how much they would hide their emotions in a positive ("When you feel on top of the world") and a negative ("When you are depressed or very unhappy") situation ( $1=$ never, $5=$ all of the time).

## Procedure: Describe how the data were collected.

Data were collected during a regular class session with students in the course as participants. After providing informed consent, the present questionnaire was completed along with a series of projects by other teams.

## Author 1, Author 2, Author 3

\author{

## University of British Columbia, Okanagan Campus

}

## Title of Your Poster

Sample Questionnaire


